

# According to the Miami University Scripps Gerontology Center:

- Over 13% of Franklin County's population is age 60 or over
- Over 33% of individuals age 60+ have at least one disability
- Over 33% of the individuals age 60+ live alone
- Over 12% of the individuals age 60+ live in poverty

### **EDWARD LEONARD** *Franklin County Treasurer*

### **Fixed Income and Finances**

As a senior citizen living on a fixed income, it is not easy to get by while utility, food, and medical bills keep rising. Finding a way to pay your bills can cause worry and stress, but you don't have to live this way. It is important for you to know that you are not alone.

There are many people in Franklin County waiting to assist you. If you need help and advice with home maintenance & repairs, Meals-On-Wheels, legal advice, prescription drug information, Veterans benefits, or dealing with your finances, please be aware that considerable support is just a phone call away.

#### **Senior Options**

This program provides access to community services that enable Franklin County residents age 60 and older to live as independently as possible. These services include minor home repairs, home-delivered meals, and medical transportation. For more information **call 614-462-6200** or visit the website of the Franklin County Office on Aging at: <a href="https://www.officeonaging.org/fcso">www.officeonaging.org/fcso</a>

#### **Home Energy Assistance Program (HEAP)**

This program provides help in paying heating bills from November through March for income-eligible adults and families. For more information, call **1-800-282-0880**.

#### **AARP**

A nonprofit, nonpartisan organization for people age 50+ dedicated to "enhancing quality of life for all as we age." They provide information and resources on many issues. For more information, call **866-389-5653** or visit the website: <a href="https://www.aarp.org/oh/">www.aarp.org/oh/</a>

#### **Legal Aid Society of Columbus**

This agency provides help for Senior Citizens in a variety of legal matters including bankruptcy, estates, and consumer problems. To learn more, call **614-224-8374** or visit their website at: www.columbuslegalaid.org

#### **Tax Counseling For The Elderly**

Tax-Aide is a program sponsored by AARP, which provides free income tax preparation services to middle-income and low-income taxpayers age 60 and over. For more information call **888-227-7669** or visit the AARP website at: <a href="https://www.aarp.org/taxaide/">www.aarp.org/taxaide/</a>

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#### The Golden Buckeye Program

The Golden Buckeye program provides savings to older Ohioans at nearly 20,000 participating businesses all over the state. If you are age 60 or older, or are age 18-59 and have a Medicare-certified disability, you are eligible for a free Golden Buckeye Card.

Cardholders enjoy savings on "dining, entertainment, groceries, hardware, services and more." Cardholders are also eligible for the free Golden Buckeye Prescription Drug Savings Program. For more information please call **866-301-6446** or visit the Ohio Department of Aging website at: www.goldenbuckeye.com

#### **Senior Farmers' Market Nutrition Program**

The Senior Farmer's Market Nutrition Program is offered by the Ohio Department of Aging in partnership with Area Agencies on Aging. Low income seniors who are at least 60 years old may receive coupons June through October which can be redeemed for "free, locally grown fruits, vegetables, and herbs from certified farmer's markets, roadside stands and community supported agriculture programs." For more information contact Linda Gilespie at the Central Ohio Area Agency on Aging at **614-645-3860** or visit the Ohio Department of Aging website at: <a href="http://goldenbuckeye.com">http://goldenbuckeye.com</a>.

#### **Banking**

Many area banks and lending institutions offer savings on a variety of banking services to Senior Citizens (usually 50 years of age or older). Check with your banking institution to see what discounts or other savings they may have available for senior citizens.